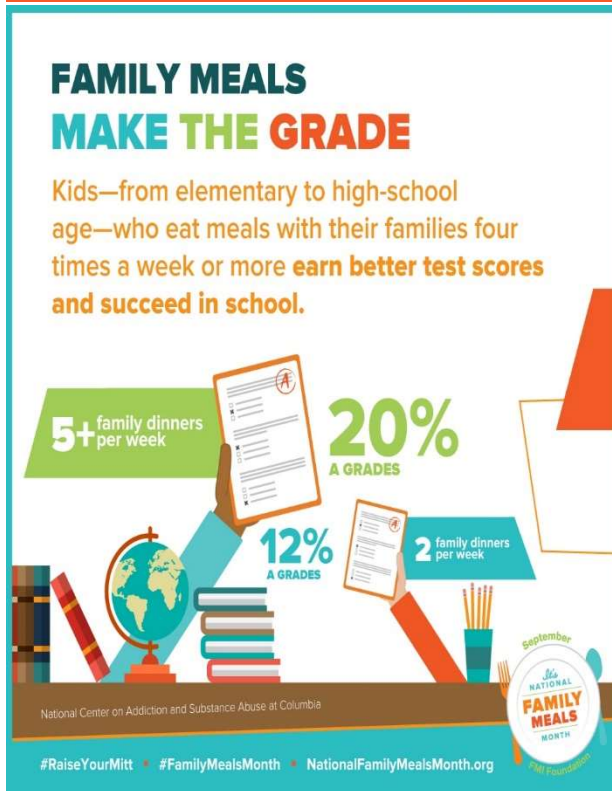
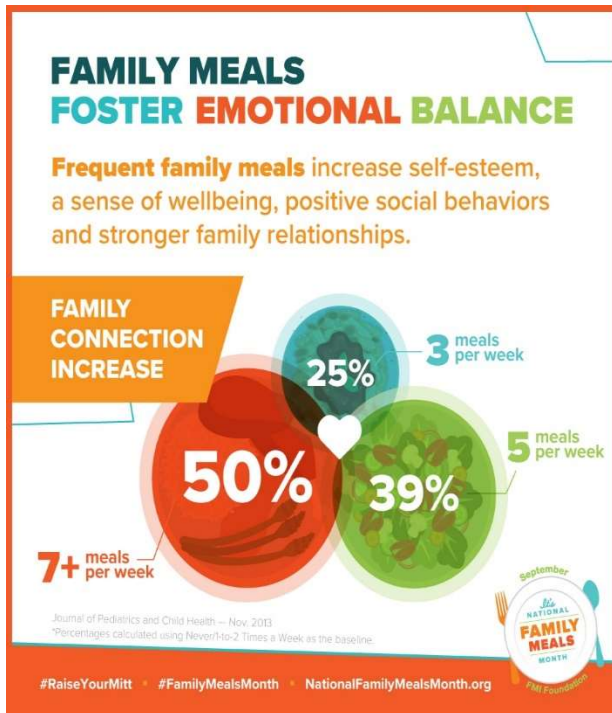


Worksheet I

1. Visit the website <https://www.fmi.org/family-meals/toolkits/infographics> and study the infographics.



A. Can you think of any other benefits of family meals?

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B. Design a poster to promote the benefits of family meals. You can either draw, insert pictures or use one the following digital tools (<https://crello.com/pro>, https://www.canva.com/ro_ro/ or <https://www.genial.ly/>).