

**“FOOD :I LIKE…/..I DON’T LIKE”**

**INSTRUCTIONS 3th teaching period**

After watching the video, the students will choose, based on their tastes, one of the european traditional typical dishes and nor will illustrate the ingredients and the preparation phases

**INSTRUCTIONS** **Traditional Foods in Europe**

After reading the text, the students will develop their own food pyramid, according to their daily needs and their energy and physical needs